



## Spirit Circle Volunteer

### Position Overview:

Spirit circles are an opportunity to gather in community every week for support in a safe place, share a meal, and to explore how we find hope in our lives. The discussion follows wherever the Spirit leads. Everyone – of all faith (or no faith!) backgrounds – is warmly welcomed. Volunteers will assist with setting up, serving, clean-up of chairs and food, and hand sanitizer distribution. Volunteers will also be given the opportunity to attend the spirit circle as part of their shift.

### Key Responsibilities

- Assist with the spirit circle meal service by setting up & clearing tables.
- Assist in passing out & collecting plates.
- Clean and tidy the service area after meals.
- Help sort garbage, organic waste, and recycling into correct bins.
- Provide hand sanitizer to group members.

### Skills and Knowledge

- Must follow instructions.
- A firm kindness with good boundaries
- Open to welcoming people from all walks of life
- Understand that you're working in a low barrier environment with people who live with challenges of mental illness, trauma, addiction, and extreme poverty.
- Must follow sanitation and health and safety standards in work areas.

### Requirements

- Must pass a criminal record check
- Must sign confidentiality agreement
- Must be at least 18 years or older on date of first shift

Located on unceded X<sup>w</sup>məθkwəy̓əm (Musqueam),  
S<sup>k</sup>wxwú7mesh (Squamish), & Sə́ilwətaʔ (Tsleil-Waututh) lands.



## Commitment

- Weekly 4-hour shifts available on Tuesdays and Wednesdays
- We ask that volunteers commit to at least one shift per week
- Time: approximately 12:30pm-4:00pm
- *Shifts will begin in early 2022*

## How to apply

Please forward a resume and cover letter to [Volunteers@firstunited.ca](mailto:Volunteers@firstunited.ca)

Clearance of a vulnerable sector criminal record check is required

**T:** 604.681.8365

**E:** [info@firstunited.ca](mailto:info@firstunited.ca)

320 E Hastings St, Vancouver BC V6A 1P4

**firstunited.ca** 